

Welcome to



ASiT 2020

and welcome to
Birmingham

6th - 8th March, 2020

Birmingham International Convention Centre



ASiT

Association of Surgeons in Training

with thanks to all sponsors



@ASiTofficial #ASiT2020
#OptimisingPerformance



Saturday, 7th March, 2020

All Main Sessions will be held in Hall 1

07:00 - 07:45 AMECA Charity 5K Fun Run
08:00 - 09:00 Registration

Main Session (1) Performance in Training Delivery and Optimising Communication

09:00 - 09:10 President's Address
09:10 - 10:05 Meet the Presidents Q & A Session

10:05 - 10:20 The Silver Suture Lecture
10:20 - 10:45 Speaking Truth to Power
10:45 - 11:05 Break

SPEAKER

Meet at Hyatt Reception

Ms Deirdre Nally, ASiT President

Chair: Ms Deirdre Nally & ASiT Incoming President
Participants: Prof J Taylor (RCPSG), Mr K Mealy (RCSI), Prof D Alderson (RCS England), Prof M Griffin (RCS Edinburgh), Mr A Reed (RCS England).

Mr Richard Bamford, Silver Suture Winner 2019

Ms Megan Reitz

Hall 3 - Exhibition

Main Session (2) Optimising Equality and Diversity

11:05 - 11:25 Diversity in the Workforce
11:25 - 11:45 Acceptance in the Workforce
11:45 - 12:05 When Healthcare Becomes a Crime

Ms Samantha Tross

Mr Fergal McFerran

Dr Jenny Vaughan

11:00 - 11:50	BJS Systematic Review Prize Session	Hall 8A
11:00 - 12:30	STARSurg Medical Student Oral Prize Session	Hall 7
11:00 - 12:00	Flexibility in Surgical Training	Hall 8B
11:00 - 11:30	ASiT Yoga Session	Gallery
11:30 - 12:00	ASiT Yoga Session	Gallery
12:00 - 12:30	ASiT Yoga Session	Gallery
12:00 - 12:40	ASiT Collaboration Prize	Hall 8A
12:00 - 12:55	ESSQ Surgical Education and Training Session	Hall 8B

Main Session (3) - Optimising Sustainable and Global Performance

12:10 - 12:30 Optimising Global Surgery
12:30 - 13:00 Ethical Surgery
13:00 - 13:45 Lunch

Mr Aneel Bhangu

Mr Mahmood Bhutta

Hall 3 - Exhibition

Main Session (4) - Optimisation through robotics

13:45 - 14:00 Introduction & Consensus Voting
14:00 - 14:15 Robotic Surgery in Urology
14:15 - 14:30 Robotics in Colorectal Surgery
14:30 - 14:40 Interrogating the Evidence
14:40 - 14:50 Questions & voting

Ms Christina Fleming

Mr Benjamin Challacombe

Mr Jim Khan

Ms Deena Harji

13:30 - 15:30	Trauma Consensus Session	Room 7A
13:45 - 14:30	RCS England Leadership Session	Hall 8A
14:00 - 14:45	WinS Prize Session	Hall 8B
14:30 - 17:30	BJS How to Write an Article Workshop	Hall 8A
14:30 - 16:30	ASiT Specialty Village	Hall 3 Balcony
14:15 - 16:15	FY3 Experiences Breakout Session	Hall 8A
16:15 - 17:45	Finance Breakout Session	Hall 8A
15:30 - 17:30	Burnout Consensus Session	Room 7A

Main Session (5) - Optimising the team

14:55 - 15:00 ASiT: Undermining and Bullying in Surgical Training
15:15 - 15:30 Leaving Surgery
15:30 - 15:50 Bullying: How it affects the Team
15:50 - 16:05 Coffee Break

Mr Joshua Clements

Mr Peter O'Keefe

Mr Gareth Farrelly

Main Session (6) - Performing for patients

16:05 - 16:20 Patient Reported Outcome Measures
16:20 - 16:35 When the Surgeon becomes the Patient
16:35 - 16:55 More Than Just Physical
16:55 - 17:15 The Management of Sepsis

Ms Sue Blackwell

Ms Liz O'Riordan

Mr Ian Daniels & Ms Susannah Hill

Dr Ron Daniels

Main Session (7) - Performing in Trauma, Military and Urology Surgery

17:20 - 17:30 Severe Chest Trauma
17:30 - 17:40 Improving Military Surgery
17:40 - 17:50 Gender Reassignment
18:00 - 18:20 ASiT Annual General Meeting

Mr Christopher Satur

Commander C M Powell

Ms Tina Rashid

Sunday, 8th March, 2019

All Main Sessions will be held in Hall 1

08:00 - 09:00	Registration
09:00 - 09:30	Battle of the Surgical Societies
09:30 - 10:15	ASiT Medal 2020
10:15 - 11:00	Surgical Research Society Prize Session
11:00 - 11:15	Break

SPEAKER

Hall 3 Exhibition

Main Session (8) Optimising Trainee Performance

11:15 - 11:30	The New Curriculum
11:30 - 11:45	Improving Clinical and Educational Performance
11:45 - 12:00	How Cognitive Bias Kills Trainee Performance
12:00 - 12:15	Battling Depression with Emojis
12:15 - 12:20	Discussion/ Questions

Mr Gareth Griffiths
Mr Nader Francis
Mr Ravi Thevasagayam
James Newell

09:00 - 10:00	ASiT/TMS Posters of Distinction Prize Session	Hall 8B
09:00 - 13:20	Escape Room	Hall 8A
10:00 - 10:30	Yoga	Gallery
11:15 - 11:45	Yoga	Gallery
12:00 - 12:30	Yoga	Gallery
11:30 - 12:30	ASiT/ASGBI Short Paper Prize	Hall 8B

Main Session (9) Perioperative optimisation and post-operative salvage

12:25 - 12:30	Trainees with an interest in Perioperative Medicine (TRiPOM)	Hall 1BCD	TRiPOM Chair, Ms Katie Samuel
12:30 - 12:45	Optimising Perioperative Care		Prof Rupert Pearce
12:45 - 13:00	Failure to Rescue		Mr Alex Almoudaris
13:00 - 13:15	Difficulties in Reoperative Surgery		Prof Iain Anderson
13:15 - 13:20	Discussion/ Questions		
13:20 - 14:00	Lunch		Hall 3 Exhibition

14:00 - 14:50	Medical Student Posters of Distinction Session	Hall 8A
14:00 - 16:20	Avoiding Burnout and Integrating Self Care: A Dummies Guide For Surgeons	Hall 8A

Main Session (10) - Optimising Surgical Education

14:00 - 14:15	Global Health Medal Recipient	Ms Afsana Elanko
14:15 - 14:45	ASiT Debate: This House believes that IST has failed to deliver.	Prof Rowan Parks, Ms Gillian Tierney
14:45 - 14:55	BMA Junior Doctors Committee Update	Dr Sarah Hallet
14:55 - 15:05	ASiT: E-logbook Trainee Survey	Mr Mohammed Rabie
15:05 - 15:15	ASiT: Medical Student Consensus on the Undergraduate Curriculum	Mr Daniel Baker
15:15 - 15:30	Coffee Break	

14:00 - 15:00	Yoga	Gallery
15:00 - 15:50	BASO Oral Presentation Session	Hall 8A

Main Session (11) - Optimising Innovation and ASiT Bursaries

15:30 - 15:45	ASiT Hackathon Winners	Ms Fiona Wileman, Mr William Sinclair, Mr Richard Mak
15:45 - 16:00	ASiT Innovation	
16:00 - 16:10	ASiT Surgical Education and Research Grant 2018	Mr Rob Miller
16:10 - 16:20	ASiT Global Surgery Award 2019	Ms Sala Abdalla
16:20 - 16:30	ASiT Surgical Education and Research Grant 2019	Ms Kirsty Mozowlowski
16:30 - 17:00	Prize Giving Announcements and Closing Address	Incoming ASiT President

Join us at the 2020 Charity Dinner
Dress code: Black tie
All proceeds go to our conference
charity, AMECA.
Saturday, March 7th
19:00 - late

AMECA

Alex's Medical & Educational Clinic in Africa

To find out more about our conference charity,
please visit www.ameca.org.uk