# Welcome to



and welcome to Birmingham

6th - 8th March, 2020

Birmingham International Convention Centre



**Association of Surgeons in Training** 

with thanks to all sponsors





### Saturday, 7th March, 2020

Prof D Alderson (RCS England), Prof M Griffin (RCS Edinburgh), Mr A Reed (RCS England).			idi day, rail ividi	011, 2020	
08:00 - 09:00 Registration  Main Session (I) Performance in Training Delivery and Optimising Communication  09:00 - 09:10 President's Address  Meet the President's O & A Session  Meet the President's O & A Session  10:06 - 10:20 The Silver Suture Lecture  More Thanks Speaking Truth to Power  10:07 - 10:45 Speaking Truth to Power  10:07 - 10:45 Speaking Truth to Power  10:08 - 11:25 Diversity in the Workforce  Main Session (2) Optimising Equality and Diversity  11:05 - 11:25 Diversity in the Workforce  Main Session (2) Optimising Equality and Diversity  11:05 - 11:25 Diversity in the Workforce  Main Session (2) Optimising Equality and Diversity  11:00 - 11:20 Diversity in the Workforce  Main Session (3) Optimising Equality and Diversity  11:00 - 12:20 StraRsum Medical Student Oral Prize Session  11:00 - 12:20 Flexibility in Surgical Training  11:00 - 12:20 ASIT Yoga Session  11:00 - 12:30 ASIT Yoga Session  12:00 - 12:30 ASIT Yoga Session  12:0		All Main Session	s will be held in Hall 1	SPEAKER	
Main Session (1) Performance in Training Delivery and Optimising Communication 09:00 - 09:10 President's Address Meet the Presidents Q & A Session  10:00 - 10:00 Meet the Presidents Q & A Session  10:00 - 10:00 The Silver Suture Lecture Meet the President's Q & A Session  10:00 - 10:20 The Silver Suture Lecture Mr Inchard Sample, DM A Revent (RCS Englane), DM Grainin RCSS Endocrypho, DM A Revent (RCS Englane), DM Grainin RCSS Endocrypho, DM A Revent (RCS Englane) And Grainin RCSS Endocrypho, DM A Revent (RCS Englane) And Grainin RCSS Endocrypho, DM A Revent (RCS Englane) And Revent (RCS) And Revent	07:00 - 07:45	AMECA Charity 5	5K Fun Run	Meet at Hyatt Reception	
09:00 - 09:10   President's Address   Mis Deirdre Nally, ASIT President	08:00 - 09:00	Registration			
Option   December   Committee   Committe	Main Session (1)	Performance in Tr	raining Delivery and Optimising Communication		
Participants: Prod J Tajor (PGPSQ). Infil Meaby (	09:00 - 09:10	President's Addre	ess	Ms Deirdre Nally, ASiT President	
10:05 - 10:20	09:10 - 10:05	Meet the Preside	nts Q & A Session	Participants: Prof J Taylor (RCPSG), Mr K Mealy (RCSI), Prof D Alderson (RCS England), Prof M Griffin (RCS	
10.45 - 11:05   Break	10:05 - 10:20	The Silver Suture	Lecture	Mr Richard Bamford, Silver Suture Winner 2019	
Main Session (2) Optimising Equality and Diversity	10:20 - 10:45	Speaking Truth to	o Power	Ms Megan Reitz	
11:05 - 11:25	10:45 - 11:05				
11:25 - 11:45	Main Session (2)	) Optimising Equali	ity and Diversity		
11:45 - 12:05   When Healthcare Becomes a Crime	11:05 - 11:25	Diversity in the V	Vorkforce	Ms Samantha Tross	
11:45 - 12:05   When Healthcare Becomes a Crime	11:25 - 11:45	Acceptance in th	ne Workforce	Mr Fergal McFerran	
11:00 - 11:50   BJS Systematic Review Prize Session	11:45 - 12:05	·			
11:00 - 12:30   STARSurg Medical Student Oral Prize Session   Hall 7					
11:00 - 12:30   STARSurg Medical Student Oral Prize Session   Hall 7		11:00 - 11:50	BJS Systematic Review Prize Session	Hall 8A	
11:00 - 12:00					
11:30 - 12:00					
12:00 - 12:30		11:00 - 11:30	ASiT Yoga Session	Gallery	
12:00 - 12:40 12:00 - 12:55 ESSQ Surgical Education and Training Session Main Session (3) - Optimising Sustainable and Global Performance Optimising Global Surgery Mr Aneel Bhangu 12:30 - 13:00 Ethical Surgery Mr Mahmood Bhutta 13:00 - 13:45 Lunch Main Session (4) - Optimisation through robotics 13:45 - 14:00 Introduction & Consensus Voting Mr Benjamin Challacombe Mr Benjamin Challacombe Mr Jim Khan Mr Joshua Clements Mr Joshua Leaving Surgery Mr Peter O'Keefe		11:30 - 12:00	ASiT Yoga Session	Gallery	
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Main Session (3) - Optimising Sustainable and Global Performance         12:10 - 12:30       Optimising Global Surgery       Mr Aneel Bhangu         12:30 - 13:00       Ethical Surgery       Mr Mahmood Bhutta         13:00 - 13:45       Lunch       Hall 3 - Exhibition         Mar Mahmood Bhutta         13:45 - 14:00       Introduction & Consensus Voting       Ms Christina Fleming         Ms Christina Fleming       Mr Benjamin Challacombe         Mr Jum Khan       Mr Jim Khan         14:30 - 14:40       Interrogating the Evidence       Ms Deena Harji         14:40 - 14:50       Questions & voting       Room 7A         13:35 - 14:30       RCS England Leadership Session       Hall 8A         14:00 - 14:45       WinS Prize Session       Hall 8B         14:30 - 17:30       BJS How to Write an Article Workshop       Hall 8A         14:30 - 16:30       ASIT Specialty Village       Hall 8A         16:15 - 17:45       Finance Breakout Session       Hall 8A         16:15 - 17:30       Burnout Consensus Session       Room 7A         Mr Joshua Clements         15:30 - 17:30       Burnout Consensus Session       Room 7A         Mr Joshua Clements         15:15 - 15:30       Leaving Surgery       M		12:00 - 12:40	ASiT Collaboration Prize	Hall 8A	
12:10 - 12:30   Optimising Global Surgery		12:00 - 12:55	ESSQ Surgical Education and Training Session	Hall 8B	
12:30 - 13:00         Ethical Surgery         Mr Mahmood Bhutta           13:00 - 13:45         Lunch         Hall 3 - Exhibition           Main Session (4) - Optimisation through robotics           13:45 - 14:00         Introduction & Consensus Voting         Ms Christina Fleming           14:00 - 14:15         Robotic Surgery in Urology         Mr Benjamin Challacombe           14:15 - 14:30         Robotics in Colorectal Surgery         Mr Jim Khan           14:30 - 14:40         Interrogating the Evidence         Ms Deena Harji           14:40 - 14:50         Questions & voting         Room 7A           13:45 - 14:30         RCS England Leadership Session         Hall 8A           14:00 - 14:45         WinS Prize Session         Hall 8B           14:30 - 17:30         BJS How to Write an Article Workshop         Hall 8A           14:30 - 16:30         ASIT Specialty Village         Hall 8A           16:15 - 17:45         Finance Breakout Session         Hall 8A           16:15 - 17:45         Finance Breakout Session         Room 7A           Main Session (5) - Optimising the team         ASIT: Undermining and Bullying in Surgical Training         Mr Joshua Clements           15:30 - 15:30         Bullying: How it affects the Team         Mr Gareth Farrelly	Main Session (3	) - Optimising Sus	tainable and Global Performance		
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Main Session (6) - Performing for patients	Main Session (6	) - Performing for p	patients		

#### Main Session (6) - Performing for patients

16:05 - 16:20	Patient Reported Outcome Measures
16:20 - 16:35	When the Surgeon becomes the Patient
16:35 - 16:55	More Than Just Physical
16:55 - 17:15	The Management of Sepsis

#### Main Session (7) - Performing in Trauma, Military and Urology Surgery

main occoron (1)	Torrorming in Tradina, Mintar
17:20 - 17:30	Severe Chest Trauma
17:30 - 17:40	Improving Military Surgery
17:40 - 17:50	Gender Reassignment
18:00 - 18:20	ASiT Annual General Meeting

Ms Sue Blackwell Ms Liz O'Riordan

Mr Ian Daniels & Ms Susannah Hill

Dr Ron Daniels

Ms Tina Rashid

Mr Christopher Satur
Commander C M Powell



## Sunday, 8th March, 2019

	All Main Sossions	will be held in Hall 1	ODEAKED
08:00 - 09:00		Will De Held III Hall I	SPEAKER
	Registration	and Conjution	
09:00 - 09:30	Battle of the Surgi	cai Societies	
09:30 - 10:15	ASiT Medal 2020		
10:15 - 11:00		Society Prize Session	
11:00 - 11:15	Break		Hall 3 Exhibition
Main Session (8)	Optimising Trainee	Performance	
11:15 - 11:30	The New Curriculu	ım	Mr Gareth Griffiths
11:30 - 11:45	Improving Clinical	and Educational Performance	Mr Nader Francis
11:45 - 12:00	How Cognitive Bia	as Kills Trainee Performance	Mr Ravi Thevasagayam
12:00 - 12:15	Battling Depression	on with Emojis	James Newell
12:15 - 12:20	Discussion/ Quest	tions	
	09:00 - 10:00	ASiT/TMS Posters of Distinction Prize Session	Hall 8B
	09:00 - 13:20	Escape Room	Hall 8A
	10:00 - 10:30	Yoga	Gallery
	11:15 - 11:45	Yoga	Gallery
	12:00 - 12:30	Yoga	Gallery
	11:30 - 12:30	ASiT/ASGBI Short Paper Prize	Hall 8B
Main Session (9	Perioperative onti	misation and post-operative salvage	Hall 1BCD
12:25 - 12:30		nterest in Perioperative Medicine (TRiPOM)	TRiPOM Chair, Ms Katie Samuel
12:30 - 12:45	Optimising Perior		Prof Rupert Pearse
12:45 - 13:00	Failure to Rescue		Mr Alex Almoudaris
13:00 - 13:15	Difficulties in Rec		Prof lain Anderson
13:15 - 13:20	Discussion/ Ques		
13:20 - 14:00	Lunch		Hall 3 Exhibition
10.20 14.00	Lunen		Tidil o Exhibition
	14:00 - 14:50	Medical Student Posters of Distinction Session	Hall 8A
	14:00 - 16:20	Avoiding Burnout and Integrating Self Care: A Dummies Guide For Surgeons	Hall 8A
Main Session (1	10) - Optimising Sur	gical Education	
14:00 - 14:15	Global Health Me	dal Recipient	Ms Afsana Elanko
14:15 - 1 <mark>4:4</mark> 5	ASiT Debate: This	House believes that IST has failed to deliver.	Prof Rowan Parks, Ms Gillian Tierney
14:45 - 14:55		ors Committee Update	Dr Sarah Hallet
14:55 - 15:05	ASiT: E-logbook		Mr Daniel Baker
15:05 - 15:15	Curriculum	ident Consensus on the Undergraduate	Mr Daniel Baker
15:15 - <mark>15</mark> :30	Coffee Break		
	14:00 - 15:00	Yoga	Gallery
	15:00 - 15:50	BASO Oral Presentation Session	Hall 8A
Main Session	(11) - Optimising Inn	novation and ASiT Bursaries	
15:30 - 15:45	ASiT Hackathon		Ms Fiona Wileman, Mr William Sinclair, Mr
			Richard Mak
15:45 - 16:00	ASiT Innovation		
16:00 - 16:10	ASiT Surgical Ed	ducation and Research Grant 2018	Mr Rob Miller
16:10 - 16:20	ASiT Global Sur	gery Award 2019	Ms Sala Abdalla
16:20 - 16:30	ASiT Surgical Ed	ducation and Research Grant 2019	Ms Kirsty Mozowlowski
	3.00m = 1		

Join us at the 2020 Charity Dinner
Dress code: Black tie
All proceeds go to our conference
charity, AMECA.
Saturday, March 7th
19:00 - late



Alex's Medical & Educational Clinic in Africa

To find out more about our conference charity, please visit www.ameca.org.uk