

Cost of Surgical Training

Introduction

This survey aims to investigate the additional costs incurred by surgeons in training in pursuit of their career goals. It includes questions on financial and non-financial costs related to training. A similar survey was conducted by ASiT in 2007 and 2017 and we aim to compare changes over time.

The results will be freely shared, including in publications and on the Association's social media platforms. It will also be disseminated to political leaders, the four surgical Royal Colleges, JCST and Specialty Associations.

Completion indicates your consent for analysis, distribution and publication of anonymised, grouped results. Individual responses are anonymous.

This survey is for all trainees, staff grades, foundation doctors and fellows regardless of surgical specialty, working in the United Kingdom and the Republic of Ireland. Students are not included.

It takes approximately 30 minutes to complete.

As a sign of gratitude for completing the survey, we are offering 2x £25 Amazon vouchers. To enter the prize draw, follow the link at the end of the survey to register your interest. Your answers to the survey will remain anonymous.

For more information:

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Cost of Surgical Training

In which country do you work?

* Where do you currently work?

- England
- Republic of Ireland
- Scotland
- Northern Ireland
- Wales
- Other

Cost of Surgical Training

Pay in England

* What is your current basic salary (without overtime, to the nearest pound)?

Please do not enter commas or symbols into any boxes relating to numerical values.

To remind you, current pay scales (without overtime) are:

FY1: £29,384

FY2: £34,012

CT1-CT2-ST1-ST2: £40,257

CT3: £51,017

ST3-5: £51,017

ST6-8: £58,398

Specialty Doctors

Min £50, 373

£50, 373

£50, 373

£56, 906

£56, 906

£58, 756

£64, 237

£64, 237

£64, 237

* Do you receive any of the following additional pay?

- Additional hours
- Enhanced hours
- Weekend allowance
- On-call allowance
- Additional bonus (academia, OMFS)
- None of the above

* Please estimate the monthly gross total, to the nearest pound, you receive in additional pay.

Please do not enter commas or symbols into any boxes relating to numerical values

* What is your current average monthly take home pay (to the nearest pound)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Are you currently entitled to a study leave budget?

- Yes
- No
- Military Trainee (funding at discretion of defence deanery)
- Don't know

Cost of Surgical Training

Pay in Wales

* Without banding, what is your current basic salary? (gross, to the nearest pound) Please do not enter commas or symbols into any boxes relating to numerical values.

To remind you, Welsh doctors pay scales are:

FY1: £26,714

FY2: £33,135

Specialty Training

£35,408

£37,573

£40,600

£42,431

£44,635

£46,844

£49,051

£51,259

£53,465

£55,674

Specialty Doctor

Min £45,345

£49,989

£56,061

£58,756

£63,285

£66,939

£70,593

£74,245

£77,897

* What is your current banding as per your contract?

- Unbanded
- 1A
- 1B
- 1C
- 2A
- 2B
- 3
- Military - no banding received
- Other (please specify)

* What is your current average monthly take home pay (to the nearest pound)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Are you currently entitled to a study leave budget?

- Yes
- No
- Military Trainee (funding at discretion of defence deanery)
- Don't know

Cost of Surgical Training

Pay in Scotland

* Without banding, What is your current basic salary? (gross, to the nearest pound). Please do not enter commas or symbols into any boxes relating to numerical values.

To remind you, Scottish doctors pay scales:

FY1: £27,653

FY2: £34,299

Specialty Training

£36,472

£38,704

£41,821

£43,706

£45,978

£48,251

£50,527

£52,800

£55,073

£57,349

Specialty Doctor

Paypoint 0 £45,193

Paypoint 1 £49,057

Paypoint 2 £54,080

Paypoint 3 £56,772

Paypoint 4 £60,651

Threshold 1

Paypoint 5 £64,516

Paypoint 6 £68,466

Paypoint 7 £72,418

Threshold 2

Paypoint 8 £76,370

Paypoint 9 £80,321

Paypoint 10 £84,272

* What is your current banding as per your contract?

- Unbanded
- 1A
- 1B
- 1C
- 2A
- 2B
- 3
- Military - no banding received
- Other (please specify)

* What is your current average monthly take home pay (to the nearest pound)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Are you currently entitled to a study leave budget?

- Yes
- No
- Military Trainee (funding at discretion of defence deanery)
- Don't know

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Pay in Northern Ireland

* Without banding, what is your current average monthly take home pay(to the nearest pound)? Please do not enter commas or symbols into any boxes relating to numerical values.

To remind you, Northern Irish pay scales are:

FY1:

£25,563

£27,159

£28,752

FY2:

£31,706

£33,778

£35,853

Specialty Registrar:

£33,880

£35,955

£38,849

£40,601

£42,712

£44,825

£46,938

£49,049

£51,161

£53,273

Specialty Doctor:

£41,357

£44,895

£49,491

£51,955

£55,505

Threshold 1

£59,042

£62,658

£66,274

Threshold 29: £69,891

£73,507

£77,124

* What is your current banding as per your contract?

- Unbanded
- 1A
- 1B
- 1C
- 2A
- 2B
- 3
- Military - no banding received
- Other (please specify)

* What is your current average monthly take home pay (to the nearest pound)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Are you currently entitled to a study leave budget?

- Yes
- No
- Military Trainee (funding at discretion of defence deanery)
- Don't know

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Pay in Republic of Ireland

* What is your current basic salary (without overtime, to the nearest euro)?

Please do not enter commas or symbols into any boxes relating to numerical values.

Intern:

€ 38,752

Senior House Officer:

€ 46,058

€ 48,344

€ 51,772

€ 54,028

€ 58,567

€ 60,822

€ 63,023

Registrar:

€ 58,567

€ 60,822

€ 63,023

€ 64,642

€ 66,801

€ 68,968

Senior Registrar:

€ 69,876

€ 72,103

€ 74,377

€ 76,801

€ 79,599

€ 82,513

€ 85,520

SpR:

SpR 1 €65,659

SpR 2 €67,211

SpR 3 €69,454

SpR 4 €71,488

SpR 5 €74,906

SpR 6 €78,328

SpR 7 €78,328

SpR 8 €81,747

* Are you getting paid for your overtime?

- Yes, rostered, all of it
- Yes, rostered, some of it
- Yes, rostered and un-rostered, all of it
- Yes, rostered and un-rostered, some of it
- No

* What is your current average monthly take home pay (to the nearest euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Are you entitled to a training fund? (e.g. specialist training fund)

- Yes
- No
- Don't know

Cost of Surgical Training

Study leave/training fund budget

* If you are entitled to a study leave budget (or training fund in the Republic of Ireland), please give the approximate value over 12 months, to the nearest pound or euro. Please do not enter commas or symbols into any boxes relating to numerical values

* Is some or all of your study budget/training support fund used to fund mandatory training days?

- Some
- All
- None
- Don't know

Cost of Surgical Training

Additional work

* Are you currently entitled to a relocation budget?

- Yes
- No
- I don't know

Cost of Surgical Training

Relocation Budget

* If you are entitled to a relocation budget, please give the approximate value for 12 months (to the nearest pound or euro). Please do not enter commas or symbols into any boxes relating to numerical values.

* Do you do any locum work on top of your contracted hours?

- Yes
- No

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Locum Work

* How many hours per month do you locum on average (over the past 12 months)?

* Tick all that apply regarding your reasons for locuming

- Staff shortages
- Increased operating exposure
- Financial
- Other (please specify)

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Demographics

* Are you a military trainee?

- Yes
- No

* What is your gender?

- Cis Male
- Cis Female
- Transgender Male
- Transgender Female
- Non binary
- Prefer not to say
- Prefer to self-describe

* What is your age? (years)

* What is your ethnic background?

- Asian or Asian British or Asian Irish
- Black, Black British, Caribbean or African
- Mixed or multiple ethnic groups
- White
- Other ethnic group
- Prefer not to say

* What is your marital status?

- Single
- Married
- Civil Partnership
- Divorced
- Widowed
- Separated
- Prefer not to say
- Other (please specify)

Current Post

* Do you currently hold an academic post?

Yes

No

* Are you in less than full time training?

Yes

No

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Less Than Full Time Training

* If you are in less than full time training, at what percentage of the full time equivalent?

* Are you currently on extended leave?

Yes

No

* Are you currently out of programme?

Yes

No

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* What type of out of programme are you currently undertaking?

Out of programme for career break

Out of programme for experience

Out of programme for approved clinical training

Out of programme for research

Acting up as a consultant

* Which specialty do you intend to pursue/are pursuing?

- Cardiothoracic surgery
- General Surgery
- ENT
- Neurosurgery
- Oral and Maxillofacial surgery
- Paediatric Surgery
- Plastic Surgery
- Trauma and Orthopaedics
- Vascular Surgery
- Urology
- Other (please specify)

* Do you hold a national training number?

- Yes
- No

* What is your current grade?

- F1 or Intern
- F2
- ST1/CT1
- ST2/CT2
- CT3
- ST3
- ST4
- ST5
- ST6
- ST7
- ST8
- Post CCT Fellow
- Junior Clinical Fellow
- Surgical tutor
- Senior Clinical Fellow
- Research post with no clinical work
- Research post with part-time clinical work
- Part-time clinical non-training
- Non training/locum work part-time
- Non training/locum work full-time
- Other (please specify)

* What is your current grade?

- F1 or Intern
- F2
- ST1/CT1
- ST2/CT2
- CT3
- ST3
- ST4
- ST5
- ST6
- ST7
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- Non training/locum work part-time
- Non training/locum work full-time
- Other (please specify)

* What is your current grade?

- F1 or Intern
- F2
- ST1/CT1
- ST2/CT2
- CT3
- ST3
- ST4
- ST5
- ST6
- ST7
- ST8
- Post CCT Fellow
- Junior Clinical Fellow
- Surgical tutor
- Senior Clinical Fellow
- Research post with no clinical work
- Research post with part-time clinical work
- Part-time clinical non-training
- Non training/locum work part-time
- Non training/locum work full-time
- Other (please specify)

* Under which Deanery/Local Education Training Board do you work?

- Republic of Ireland
- NHS Education for Scotland
- Northern Ireland Medical and Dental Training Agency
- Wales Deanery
- Health Education North East
- Health Education North West
- Health Education Yorkshire and the Humber
- Health Education East Midlands
- Health Education West Midlands
- Health Education East of England
- Health Education Thames Valley
- Health Education Kent, Surrey and Sussex
- Health Education Wessex
- Health Education South West
- Health Education North Central and East London
- Health Education North West London
- Health Education South London

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Debts

* What year did you qualify from medical school?

* Where was your primary medical qualification?

- Scotland
- England
- Wales
- Other (please specify)
- Northern Ireland
- Republic of Ireland

* Whilst at medical school have you received any of the following?

- Government student loan
- Military grant
- Bank or other loan
- NHS bursary
- Other bursary
- None of the above

* Please estimate the total value of debt you had upon graduation (excluding mortgage) to the nearest pound or euro.

* Please tick all that apply regarding the source of your debt upon graduation

- Overdraft
- Credit Card
- Student Loans
- Professional Loans
- Do not remember
- Other (please specify)

- None of the above

Cost of Surgical Training

Expenditures- Course and Exam Attendance

* For any of the following courses or exams you attended, did you receive any funding?

	All	Part	None	Not applicable
ALS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
APaedLS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AO Trauma Basic Principles of Fracture Management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AO Trauma Hand Fixation for Surgeons	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ATLS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic Colonoscopy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic Laparoscopic Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate Laparoscopic Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic Surgical Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic Upper GI Endoscopy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CCriSP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cadaveric Trauma Course	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dermoscopy Course	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
RCSEng STEP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MRCS Part A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MRCS Part B	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DOHNS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FRCS Part 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FRCS Part 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Training the Trainers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NOTSS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
RAPID	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
EMSB	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please list any other courses/exams that you have attended/attempted and how many times

* In the last year, how much have you spent attending MANDATORY courses (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* How much of this has been, or will be, reimbursed through your study budget or other funding (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Please estimate how long it takes on average for reimbursement from time of paying (to the nearest month) Please do not enter commas or symbols into any boxes relating to numerical values.

* In the last year, how much have you spent attending NON-MANDATORY training courses (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* How much of this has been, or will be, reimbursed through your study budget or other funding (to the nearest pound or euro)?

* Since graduation from medical school, how much have you spent on registering for, or attending, post-graduate exams (to the nearest pound or euro)?

* How much of this has been reimbursed through your study budget or other funding (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

Have you received industry funding to attend any of the following?

	No industry funding received	Minor industry funding (under half expenditure)	Major industry funding (over half expenditure)	Completely industry funded
Courses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conferences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exams	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* Does your deanery provide free training courses?

Yes

No

Cost of Surgical Training

If your deanery provide free courses, please list these courses

Cost of Surgical Training

Expenditures- Conferences, Memberships and Subscriptions

* How many conferences have you attended over the past year?

Were the conferences you attended virtual or in person?

All in person

Mostly in person, some virtual

All virtual

Half virtual, half in person

Mostly virtual, some in person

* In the last year, how much have you spent attending conferences (to the nearest pound or euro)? Please include the cost of travel, registration fees, printing material and accommodation. Please do not enter commas or symbols into any boxes relating to numerical values.

* How much of this has been, or will be, reimbursed through your study budget or other funding (to the nearest pound or euro)?

- All
- 75-100%
- 50-75%
- 25-50%
- 0-25%
- None
- Not applicable

* Have you been refused funding for attending conferences in any of the regions below, for reasons other than your budget has already been used up?

- UK - my deanery
- UK - outside my deanery
- Republic of Ireland
- I have not been refused funding
- Other (please specify)

Cost of Surgical Training

* What was the reason for refusal?

* Are you a member of any of the following professional bodies or have any other professional fees to pay?

- General Medical Council or Irish Medical Council
- Royal College of Surgeons of Edinburgh
- Royal College of Surgeons of England
- Royal College of Physicians and Surgeons of Glasgow
- Royal College of Surgeons of Ireland
- Specialty associations eg ASGBI / SCTS / BOA / ENT-UK / BNS / BAPS / BAOMS / Vascular Society / BAPRAS etc
- Sub-specialty associations eg AUGIS / ACPGBI / BRS / ALSGBI / BASO / BTS etc
- Trainee associations eg ASiT / BOTA etc
- JCST (ISCP training fee)
- British Medical Association or Irish Medical Organization
- Hospital Consultants and Specialists Association
- Medical indemnity provider
- Royal Society of Medicine
- Journal subscriptions
- Others (please specify)

* Are you a member of a surgical royal college?

- Yes
- No

Cost of Surgical Training

* If yes, are you:

- Affiliate
- Member
- Fellow

* What is your current annual subscription to your surgical royal college? (to the nearest pound or euro). Please do not enter commas or symbols into any boxes relating to numerical values.

* In the last year how much have you spent on specialty society memberships (excluding surgical royal colleges, to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* In the last year how much have you spent on journal subscriptions (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* In the last year how much have you spent on text books or online training resources (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

Cost of Surgical Training

Study Leave

* What is your annual study leave entitlement (days)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Is leave to attend your mandatory regional teaching days taken from your study leave entitlement?

- Yes
 No

* Have you had to use other leave to attend mandatory courses/conferences? (Annual leave/zero days)?

- Yes
 No

* Are your travelling expenses for mandatory training days reimbursed?

- Yes
 No

* Do you have to travel outside your region for mandatory training?

- Yes
 No

Cost of Surgical Training

* For your training days, how far do you have to travel on average? (to the nearest mile)
Please do not enter commas or symbols into any boxes relating to numerical values.

Cost of Surgical Training

Out of Training Fellowships and Postgraduate Degrees

* Have you undertaken a post-graduate degree since graduating from medical school?

- Yes- MD
- Yes- PhD/DPhil
- Yes- MSc
- Yes- MPhil
- Yes- MEd
- Yes- MA
- Yes- MS/MChir
- Yes- PGCert
- Yes-PGDip
- No

Yes- Other (please specify)

Cost of Surgical Training

* If yes, please estimate the cost of this degree to you personally in monetary terms. Please consider university fees, potential income lost, relocation costs that were not covered by any other funding source. Please do not enter commas or symbols into any boxes relating to numerical values.

* Have you undertaken an overseas or other out-of-training fellowship?

Yes

No

Cost of Surgical Training

If yes, please estimate the financial cost of this fellowship (to the nearest pound/euro) which was not covered by other funding sources. Please consider travel cost, relocation cost, professional fees, visa costs, loss of income

Cost of Surgical Training

Financial Advice

* Have you previously claimed tax relief from HM Revenue & Customs (or Revenue Tax and customs Ireland/Cain agus Custaim na hEireann) on any of the training and professional costs below? Please select all those that apply.

- GMC or Irish Medical Council
- Surgical Royal College
- MPS/MDU
- BMA or IMO
- Specialty/Trainee Association
- Journal Subscriptions
- Exam Fees
- JCST
- Courses
- Conferences
- I have not claimed tax relief for any of the professional costs above
- Other (please specify)

* Have you ever sought financial advice? Tick all that apply

- Yes, formal - accountant
- Yes, formal - financial advisor
- Yes, informal - online resources
- No
- Other (please specify)

Cost of Surgical Training

The Non-Monetary Costs of Surgical Training

Nearly there, this is the last section!

* How many times have you moved house for work?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- Other (please specify)

* How many towns or cities have you worked in since graduating from medical school?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- Other (please specify)

How many deaneries have you worked in since graduating from medical school?

REPUBLIC OF IRELAND TRAINEES, PLEASE IGNORE THIS QUESTION

- 1
- 2
- 3
- 4
- 5
- 6
- Other (please specify)

* How long has your longest commute to your main workplace been during your surgical training (time in minutes)? Please do not enter commas or symbols into any boxes relating to numerical values.

Have you received financial compensation for travelling costs?

- Yes- all
- Yes- 75-100%
- Yes- 50-75%
- Yes-25-50%
- Yes-0-25%
- No
- Not applicable

* Have you ever had to relocate to temporary accommodation for the duration of one of your rotations during training due to being unable to commute from your home due to distance?

- Yes
- No

Cost of Surgical Training

* If yes, how much did you spend on temporary accommodation (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* How much of this has been, or will be, reimbursed through relocation expenses or other funding?

- All
- 75-100%
- 50-75%
- 25-50%
- 0-25%
- None
- Not applicable

* Surgical training has affected my ability to settle down in a permanent home

- Yes
- No

* With regards to dependents please select one of the following

- I do not have any children or other dependents
- I have children who are dependent on me
- I have other dependents who I support or care for
- I have children and I also have other dependents who I support or care for

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* With regards to childcare please select all that applies:

- I have had to pay for weekend childcare to allow me to work
- I have had to pay for evening childcare to allow me to work
- I have had to pay for both evening and weekend childcare to allow me to work
- I have children but have not had to pay for evening or weekend childcare

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* For those with other dependents, please select one of the following

- I have had to pay for weekday care to allow me to work
- I have had to pay for weekend care for my dependents to allow me to work
- I have had to pay for evening care for my dependents to allow me to work
- I have not had to pay for care for my dependents to allow me to work

* For those with dependants, what is the average monthly amount that you spend on care (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Have you taken maternity, paternity or shared parental leave during your surgical training?

- Yes - maternity leave
- Yes- paternity leave
- Yes - shared parental leave
- No

Cost of Surgical Training

* For those with children, what is the average monthly amount that you spend on childcare (to the nearest pound or euro)? Please do not enter commas or symbols into any boxes relating to numerical values.

* Have you taken maternity, paternity or shared parental leave during your surgical training?

- Yes - maternity leave
- Yes- paternity leave
- Yes - shared parental leave
- No

Cost of Surgical Training

* How much of a financial impact did you experience as a result of taking maternity leave or shared parental leave

Very significant

No financial impact

Did the financial impact result in you taking less parental leave than you had initially planned?

- Yes
- No

Did concerns about a negative impact on your surgical skills or surgical training result in you taking a shorter period of parental leave than you would have ideally planned?

- Yes
- No

On what basis did you return to work following parental leave?

- Returned to work full time
- Returned to work less-than-full-time (LTFT)
- I am still on maternity or shared parental leave
- I have not taken maternity or shared parental leave
- Other (please specify)

I feel that surgical training has had a negative impact on my mental health

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree

I have had to seek non-pharmacological treatment (e.g. therapy) as a result of the impact of surgical training on my mental health

- Yes
- No

I have had to seek pharmacological treatment as a result of the the impact of surgical training on my mental health

- Yes
- No

I have had to take sick leave as a result of the the impact of surgical training on my mental health

- Yes
- No

I have experienced a negative financial impact due to taking sick leave as a result of the the impact of surgical training on my mental health

- Yes
- No

Please add any extra comments on the impact of surgical training on your mental health

I feel that surgical training has had a negative impact on my physical health

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree

I have had to seek non-pharmacological treatment (e.g. physiotherapy) as a result of the impact of surgical training on my physical health

- Yes
- No

I have had to seek pharmacological treatment as a result of the the impact of surgical training on my physical health

- Yes
- No

I have had to take sick leave as a result of the the impact of surgical training on my physical health

- Yes
- No

I have experienced a negative financial impact due to taking sick leave as a result of the the impact of surgical training on my physical health

- Yes
- No

Please add any additional comments regarding the impact of surgical training on your physical health

I feel that surgical training has had a negative impact on my relationships with my family

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree

I feel that surgical training has had a negative impact on my relationships with my friends

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree

I feel that surgical training has had a negative impact on my romantic relationships

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree

Please tick all that applies regarding family events

- I have missed some family events due to clinical work (0-5)
- I have missed many family events due to clinical work (5 or more)
- I have missed some family events due to non-clinical work that was necessary for my career progression (0-5)
- I have missed many family events due to non-clinical work that was necessary for my career progression (5-10)

Staffing levels in my current post have a negative impact on my quality of life

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree
- Not applicable

Rota patterns in my current post impact negatively on my quality of life

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree
- Not applicable

Cost of Surgical Training

The impact of the financial cost of surgical training

* The financial cost of surgical training in the UK and Ireland is likely to dissuade me from a career in surgery

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree
- Not applicable

* The financial cost of training in the UK and Ireland is likely to make me leave medicine altogether

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree

* The financial cost of training in the UK and Ireland is likely to make me leave the UK or Ireland to work as a doctor elsewhere

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

* The non-financial cost of surgical training in the UK and Ireland is likely to dissuade me from a career in surgery

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

* The non-financial cost of training in the UK and Ireland is likely to make me leave medicine altogether

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

The non-financial cost of training in the UK and Ireland is likely to make me leave the UK or Ireland to work as a doctor elsewhere

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

Are there any other comments you would like to make regarding the cost of surgical training, study budgets or any other related matters? Please use the box below.

Do you agree that surgical trainees should pay for the following costs? If not, which organisation should pay?

	Trainee should pay	The Government	NHS Trust	Universities	Private Sector Providers	Surgical Royal Colleges	Industry
GMC/IMC registration fee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medical indemnity organisation fee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Royal College membership fee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Surgical specialty society membership fee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ISCP Fee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
BMA/IMO membership fee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Cost of Surgical Training

End of Survey

Thank you for taking the time to complete this survey, we are very grateful for your responses.

The results will be freely disseminated, including through publication and on trainee association websites, and provided to Political Leaders, the Royal Colleges, JCST and Specialty Associations.

For more information about the work being undertaken on your behalf, please visit our website, email us or tweet:

**www.asit.org
info@asit.org
@ASiTofficial**

For more information regarding professional bodies approved for tax relief:

<https://www.gov.uk/government/publications/professional-bodies-approved-for-tax-relief-list-3/approved-professional-organisations-and-learned-societies#g>

To enter the prize draw (2x £25 Amazon vouchers) please add your email to the following Google Form:

<https://forms.gle/97aNXgJoAMpac2ZV9>