Application Form

ADVANCED TECHNIQUES AND STRATEGIES FOR LOWER LIMB PLATING AND FIXATION

16th & 17th MARCH 2017

Newcastle Surgical Training Centre delivers over 150 advanced training courses from regional, national and international surgeons representing multi specialties. Collaboration with national and international faculty drives a greater understanding of surgical techniques delivering improved patient care.

www.nstcsurg.org
COURSE OVERVIEW

This course is designed for surgeons aspiring to a career in orthopaedic surgery. This course will address advanced plating and fixation techniques on the lower limb and consist of hands-on minimal access workshop using fresh frozen cadaveric tissue.

- An intensive course
- Number of attendees limited to 8
- Refreshments included
- Course certificate on completion
- The course uses fresh frozen cadaveric specimens
- CPD Pending

Course includes

- Pelvic & Acetabular Fixation
- Plating Techniques: Compression, bridging, percutaneous
- Plating Techniques – Correct implants/Consistent methodology
- Indications for Plating and Surgical Strategy
- MIPPO Techniques
- Bone graft/substitutes
- Plating options
- Calcaneal and Talar fractures
- Obtaining soft tissue coverage in the lower limb
- Local and free flap options with case examples

FACULTY

Mr Stephen Aldridge – Newcastle Trust
Ms Homa Arshed – Newcastle Trust
Mr Omar Sabri - St Georges Hospital, London
Mr Bryn Jones, Glasgow
Mr Will Eardley, James Cook U.Hospital
Mr Hashmi Munawar – Newcastle Trust
Mr Jim Holland – Newcastle Trust
Mr Kazi Rahman – Newcastle Trust

Stryker®

FRESH FROZEN CADAVERS
# ADVANCED TECHNIQUES AND STRATEGIES FOR LOWER LIMB PLATING AND FIXATION – DAY ONE

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
<th>Lead</th>
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</thead>
<tbody>
<tr>
<td>08.15- 08.30</td>
<td>Registration &amp; Refreshments</td>
<td>Lecture Theatre</td>
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</tbody>
</table>
| 08.30- 10.00 | **SESSION 1 FEMORAL SHAFT**  
Anatomical Approaches and Indications  
Plating techniques – Compression, bridging, percutaneous fixation  
Case examples  
Cadaver lab | Lecture Theatre & Theatre Two  
Session Lead: Stephen Aldridge |              |
| 10.30-10.45 | Refreshments                                                             | NSTC Coffee Area                     |              |
| 10.00-12.00 | **SESSION 2 DISTAL FEMUR**  
Anatomical approaches and indications  
Plating techniques: Correct implants, Consistent methodology  
Case examples  
Cadaver lab | Lecture Theatre & Theatre Two  
Session Lead: |              |
| 12.00-1.00 | Session 3 Pelvic Plating                                                 | Theatre Two                          |              |
| 1.00-1.30  | Lunch                                                                    |                                     |              |
| 1.30-2.45  | **SESSION 4 – TIBIAL PLATEAU**  
Classification, indications for surgery, anatomical approaches, plating techniques: Correct Techniques/Consistent Methodology  
Cadaver lab  
Case examples | Lecture Theatre & Theatre Two  
Session Lead: |              |
| Optional Tea Break |                                                        |                                     |              |
| 2.45-4.45  | **SESSION 5 TIBIAL SHAFT**  
Indications for plating and surgical strategy  
Case examples  
Cadaver lab | Lecture Theatre & Theatre Two  
Session Lead: |              |
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<tr>
<td>08.30-10.30</td>
<td>SESSION 6 DISTAL TIBIA/FIBULA AND PILON</td>
<td>Seminar room &amp; Wet Lab</td>
<td>Session Lead:</td>
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<td>Anatomical approaches</td>
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<td>MIPPO techniques</td>
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<td>Bone graft/substitutes – type and indications</td>
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<td>Plating options – when, how and type</td>
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<td>Case examples</td>
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<td>Cadaver lab</td>
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<td>10.30-10.45</td>
<td>REFRESHMENTS</td>
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<td>10.45-1.00</td>
<td>Calcaneal and Talar fractures</td>
<td>Seminar room &amp; Wet Lab</td>
<td>Session Lead:</td>
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<td>Indications for surgery</td>
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<td>Surgical approaches and techniques</td>
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<td>Correct implants</td>
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<td>Cadaver lab</td>
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<td>1.00-1.30</td>
<td>LUNCH</td>
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<td>1.30-3.00</td>
<td>Obtaining soft tissue coverage in the lower limb – local and free flap options with case examples of open fractures</td>
<td>Seminar Room</td>
<td>Session Lead:</td>
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<td>3.00-4.00</td>
<td>Ankle fracture symposium – challenging case discussions</td>
<td>Seminar Room – All faculty</td>
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<td>4.00-4.15</td>
<td>Close and feedback</td>
<td>Seminar Room</td>
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# Application Form

**Course title:** Advanced Techniques and Strategies For Lower Limb Plating and Fixation  
**Date:** 16th & 17th March 2017 (2 days)  
**TARGET AUDIENCE** - ST4-ST8/consultants

### Course Application

| Course fee | £475.00 |

**Your details**  
**Surname:**  
**Forenames:**  
**Job Title:**  
**Hospital Address:**  
**Postcode:**  
**Mobile Telephone:**  
**Email:**

### Further details

**How did you hear about this course?**  
- Trust Website  
- Mailing  
- Other

**Please state any special dietary requirements:**

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**Please state to whom invoices should be addressed, if no alternative contact is given, all invoices will be directed to the applicant**

**Declaration**  
**Signed:**  
**Date:**

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**Please note:** The course fee will include: lunch and refreshments. Payment can be made via BACS (automatic bank transfer) by Credit Card, or by cheque payable to Newcastle upon Tyne Hospitals NHS Trust.

Full details and registration information at www.nstcsurg.org Please note payment is due at registration to secure your place. Attendance on the course is conditional upon advance payment being received. Refunds cannot be given in the event of your cancellation within two weeks of the course date. The NSTC cannot accept liability for costs incurred in the event of a course having to be cancelled as a result of circumstances beyond its reasonable control.